

San Luis Obispo to Avila Beach All-Time List
 1993-2008 9.51 miles, 2010-2011 9.75, 9.68 2012-Present

Name	Time	Grade	Year	Mile Ave	Name	Time	Grade	Year	Mile Ave.
Hagen Reedy	60:34	11	2011	6:12	CJ Albertson	52:30	12	2011	5:23
Lauren Saylor	59:23	11	2005	6:14	Kenin Barnard	53:31	12	2010	5:29
Lauren Saylor	59:47	12	2006	6:17	Tom Pritsky	53:25	11	2014	5:31
Hagen Reedy	61:29	10	2010	6:18	CJ Albertson	53:58	11	2010	5:32
Hannah Beniot	61:33	12	2014	6:21	Kyle Alcorn	52:58	12	2002	5:34
Hannah Beniot	61:42	11	2013	6:22	Cody Brazeal	53:59	12	2012	5:34
Maddy Nikkel	62:37	12	2013	6:28	Josh Orosco	54:40	12	2011	5:36
Lauren Saylor	63:05	10	2004	6:38	Brandon Geis	53:42	12	2005	5:38
Hagen Reedy	64:14	12	2012	6:38	Casey Burchill	53:45	12	2001	5:39
Macy Bricks	65:15	12	2010	6:41	Kyle Alcorn	54:12	11	2001	5:41
Miranda Kennedy	64:47	12	2014	6:41	Jacob Williams	55:15	12	2013	5:42
Justice Hinjosa	65:05	12	2013	6:43	Jonathan Sanchez	54:20	12	2008	5:42
Josie Frye	65:44	12	2014	6:47	Adam Delton	54:28	12	2008	5:43
Jessica Laslovich	64:37	11	2002	6:47	Jonathan Sanchez	54:43	10	2006	5:45
Macy Bricks	64:38	11	2009	6:47	Coach Lienau	54:44	1	2006	5:45
Chelsea Janzen	64:39	12	2009	6:47	Fernando Cabada	54:45	12	1999	5:45
Hagen Reedy	64:45	9	2009	6:48	Jonathan Sanchez	54:48	11	2007	5:45
Jessica Laslovich	64:51	12	2003	6:49	Heath Reedy	54:49	10	2007	5:45
Josie Frye	66:27	11	2013	6:51	Trevor Voth	56:09	11	2013	5:48
Maddi Nikkel	67:31	10	2011	6:55	Danny Vartanian	55:12	12	2008	5:48
Justice Hinjosa	67:10	11	2012	6:56	Dustin Beauchamp	55:20	12	1999	5:49
Hannah Beniot	67:12	10	2012	6:56	Jacob Williams	56:30	11	2012	5:50
Kathrine Holm	67:16	12	2012	6:56	Carter Duerksen	56:56	12	2012	5:52
Taylor Gonzales	67:19	10	2014	6:57	Trevor Voth	56:56	12	2014	5:52
Miranda Kennedy	67:32	10	2012	6:58	Casey Burchill	55:58	11	2000	5:53
Sue Choi	66:27	10	2006	6:59	Josh Orosco	57:25	11	2010	5:53
Kelli Vanderburg	66:30	12	2000	6:59	Stewart Fernandez	57:02	10	2014	5:53
Katie Neil	68:02	9	2014	7:01	Ryan Anderson	56:7	12	2000	5:54
Mackenzie Mora	68:06	10	2014	7:02	Adam Delton	56:12	11	2007	5:54
Sue Choi	67:03	11	2007	7:03	Cameron Burford	56:22	12	2007	5:55
Chelsea Janzen	67:04	10	2007	7:03	Heath Reedy	56:26	11	2008	5:56
Kristen Kirby	67:15	12	2006	7:04	Tom Pritsky	57:33	10	2013	5:56
Noelle Jenzen	67:31	11	2005	7:05	CJ Albertson	56:35	9	2008	5:57
Danielle Layous	67:31	11	2005	7:05	Taylor Farnsworth	56:39	10	2004	5:57
Vanessa Zuzuarregui	67:31	11	2005	7:05	Danny Vartanian	56:41	10	2006	5:57
Sue Choi	67:40	9	2005	7:06	Cody Brazeal	58:12	10	2010	5:58
Whitney Russell	67:40	9	2005	7:06	Dimitri Kecskes	58:12	11	2010	5:58
Myliagh Bricks	69:27	11	2011	7:07	Brandon Geis	56:49	11	2004	5:58
Kelsey Smith	67:48	11	2007	7:07	Cameron Burford	56:54	11	2006	5:58
Macy Bricks	68:32	9	2007	7:12	Cameron Morales	58:22	12	2011	5:59
Kathrine Holm	70:16	11	2011	7:12	Chris Kolar	58:00	11	2014	5:59
Chelsea Janzen	68:36	11	2008	7:12	Carson Keller	57:05	11	2007	6:00
Macy Bricks	68:37	10	2008	7:12	Danny Suvanto	57:19	10	2007	6:01
Coach Jauregui	69:00	6	2004	7:15	Kevin Barnard	57:29	11	2009	6:02
Vanessa Zuzuarregui	69:02	10	2004	7:15	Eric Heely	57:50	12	1999	6:04
Danielle Layous	69:02	10	2004	7:15	Jacob Williams	59:19	10	2011	6:05
Noelle Janzen	69:06	10	2004	7:15	James McCurley	58:11	12	2004	6:07
Eilli Nardella	70:24	10	2014	7:16	Billy Hurd	58:12	12	1996	6:07
Cathryn Saylor	69:20	11	2007	7:17	Marcel Bustos	58:14	11	2009	6:07
Cathryn Saylor	69:27	10	2006	7:18	Carson Keller	58:20	12	2008	6:08
Mary Hallissey	69:35	11	2004	7:19	Daniel Lillibridge	58:28	11	2005	6:08
Kelsey Smith	69:37	10	2006	7:19	Max Martinez	58:31	11	2009	6:09
Kelsey Smith	69:40	12	2008	7:19	Freddie Funston	58:32	12	2001	6:09
Whitney Russell	69:44	11	2007	7:19	Matt Melton	58:41	10	2006	6:10
Hailey Fernandez	71:04	11	2014	7:20	Carter Duerksen	60:19	11	2011	6:11
Megan Barnard	69:52	11	2006	7:20	Max Martinez	58:52	10	2008	6:11
Chelsea Janzen	69:53	9	2006	7:20	Kyle Cirricione	58:59	12	2000	6:12
Mikayla Prahl	71:18	10	2013	7:21	Derek Guthery	59:02	11	2008	6:12
Lexis Kincade	71:22	11	2013	7:22	Ryan Smithhart	59:04	10	1996	6:12
Megan Barnard	70:09	12	2007	7:22	Freddie Funston	59:06	11	2000	6:12
Julianne Jacques	72:19	12	2010	7:25	Daniel Sternweis	59:08	12	2008	6:13
Dana Schmalzel	72:22	12	2010	7:25	Derek Guthery	59:14	12	2009	6:13

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Name	Time	Grade	Year	Mile Ave	Name	Time	Grade	Year	Mile Ave.
Elisha Mora	72:26	12	2010	7:25	Dustin Bauer	59:19	12	2000	6:14
Kori Smith	70:46	10	2007	7:26	Jonathan Sanchez	59:23	9	2005	6:14
Myliegh Bricks	72:53	10	2010	7:28	B. J. Leonard	59:25	10	1996	6:14
Valeria Delgado	71:16	11	2001	7:29	Chris Kolar	60:36	10	2013	6:15
Jessica Laslovich	71:20	10	2001	7:30	Danny Suvanto	59:34	11	2008	6:15
Mary Hallissey	71:20	10	2003	7:30	Carson Keller	59:35	10	2006	6:15
Nora Norvell	71:49	10	2006	7:33	Taylor Mearns	59:37	12	2008	6:16
Kathrine Holm	73:39	10	2010	7:33	Taylor Mearns	59:42	11	2007	6:16
Karis Wilson	71:56	11	2001	7:33	Mark Hales	59:44	12	2007	6:16
Kieran Devere	73:19	10	2013	7:34	Mark Hales	59:47	11	2006	6:17
Noelle Janzen	72:03	12	2006	7:34	Dimitri Kecskes	59:50	9	2007	6:17
Cathryn Saylor	72:35	9	2005	7:37	John Hales	59:50	12	2008	6:17
Sue Choi	72:54	12	2008	7:39	Mike Green	59:51	12	2004	6:17
Kori Smith	72:56	11	2008	7:40	Jacob Williams	61:27	9	2010	6:18
Brianna Nino	74:15	12	2012	7:40	Coach Beauchamp	61:34		2010	6:18
Whitney Russell	73:00	12	2008	7:40	Cameron Morales	61:41	11	2010	6:19
Katie Cruz	73:11	12	2007	7:41	Kevin Godfrey	60:10	12	2005	6:19
Kelsey Smith	73:19	9	2005	7:42	James Kellogg	60:14	11	2006	6:20
Katie Cruz	73:27	11	2006	7:43	Taylor Mearns	60:15	10	2006	6:20
Megan Westersund	73:29	11	2001	7:43	Mackynzee Balcuas	62:00	12	2011	6:21
Justice Hinjosa	75:21	10	2011	7:43	Will Pleasant	61:34	11	2014	6:21
Karis Wilson	73:31	12	2002	7:43	Heath Reedy	60:31	9	2006	6:21
Kim Van Noort	73:35	12	1999	7:44	A. J. Skains	60:35	9	2006	6:22
Brianna Nino	75:30	11	2011	7:44	Anthony Sassano	61:42	12	2013	6:22
Katie Cruz	73:54	10	2005	7:46	Fernando Cabada	60:44	10	1997	6:23
Sunny Arada	73:55	12	2001	7:46	Cameron Burford	60:49	10	2005	6:23
Miranda Kennedy	75:56	9	2011	7:47	Billy Cornelison	61:00	12	2001	6:24
Nora Norvell	74:06	9	2005	7:47	Matt Polifka	61:04	12	2004	6:25
Natalie Garcia	74:13	12	2000	7:48	Josh Orosco	61:11	10	2009	6:26
Valeria Delgado	74:15	10	2000	7:48	Ryan Anderson	61:12	11	1999	6:26
Carrie Lovejoy	74:17	12	2000	7:48	Taylor Gillis	61:16	11	2007	6:26
Rachel Bauer	74:18	12	1997	7:48	Brandon Geis	61:20	10	2003	6:26
Kristy Chaffee	74:18	12	1997	7:48	Danny Suvanto	61:32	9	2006	6:28
Mikayla Prah	75:56	11	2014	7:50	Danny Suvanto	61:32	12	2009	6:28
Emily Norvell	74:39	11	2002	7:50	Patrick Carner	61:33	10	2001	6:28
Megan Barnard	74:55	10	2005	7:52	Leo Baranda	61:34	12	2009	6:28
Clare Hernandez	76:19	9	2014	7:53	Matt Polifka	61:53	11	2003	6:30
Lexis Kincade	76:56	9	2011	7:53	Josh Meyer	63:01	12	2013	6:30
Josie Frye	76:57	9	2011	7:53	Dustin Bauer	61:58	11	1999	6:30
Sydney Fox	76:31	9	2014	7:54	Tim Claybaugh	61:58	11	1999	6:30
Emily Norvell	75:14	12	2003	7:54	Marciel Bustos	62:04	10	2008	6:31
Ashley Frost	76:48	9	2012	7:56	Kevin Barnard	62:12	10	2008	6:32
Dana Schmalzel	75:47	11	2009	7:58	Andrew Lovejoy	62:28	12	1995	6:34
Julianne Jacquez	75:51	11	2009	7:58	Sam Ryan	63:35	12	2012	6:34
Emma McHatten	75:52	12	2009	7:58	Andrew Lovejoy	62:33	11	1994	6:34
Bella Aradondo	75:56	12	2009	7:59	John Hales	62:33	11	2007	6:34
Rachel Bauer	75:59	11	1996	7:59	Coach Beauchamp	64:11		2011	6:34
Tiffany Heilbut	75:59	11	1996	7:59	Billy Hurd	62:37	10	1994	6:35
Jocelyn Keller	75:59	12	1996	7:59	Dominic Cabada	62:40	11	2008	6:35
Elisha Mora	76:00	11	2009	7:59	Aaron Goldstein	62:43	11	2001	6:35
Anna Hernandez	77:22	9	2014	7:59	Evan Wright	62:54	12	2002	6:36
Kori Smith	76:03	9	2006	7:59	Matthew Melton	62:57	9	2005	6:37
Lui Perez	76:19	12	2001	8:01	Anthony Sassano	64:10	11	2012	6:37
Emily Varney	77:52	9	2014	8:02	Cameron Burford	63:05	9	2004	6:38
Corina Cabada	77:07	10	2005	8:06	Dominic Prandini	64:14	11	2013	6:38
Sunny Arada	77:13	11	2000	8:07	Taylor Mearns	63:16	9	2005	6:39
Lokelani Lindsay	77:15	10	2007	8:07	Kevin Godfrey	63:28	11	2004	6:40
Emma McHatten	77:16	9	2006	8:07	Aaron Goldstein	63:36	12	2002	6:41
Emma McHatten	77:21	10	2007	8:08	Dominic Prandini	64:47	12	2014	6:41
Karis Wilson	77:47	10	2000	8:10	Billy Hurd	63:43	11	1995	6:42
Brittany Mearns	77:50	10	2008	8:11	Anthony Sassano	65:23	10	2011	6:42
Brittany Mearns	78:02	9	2007	8:12	Alejandro Buenrostro	65:23	12	2011	6:42

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 1993-2008 9.51 miles, 2010-2011 9.75, 9.68 2012-Present

Name	Time	Grade	Year	Mile Ave	Name	Time	Grade	Year	Mile Ave.
Kori Smith	78:30	12	2009	8:15	Taylor Gillis	64:02	12	2008	6:44
Patti Saul	78:37	12	2001	8:16	Trevor Voth	65:12	10	2012	6:44
Tiffany Heilbut	78:53	10	1995	8:17	John Hales	64:04	10	2006	6:44
Kristy Chaffee	78:56	11	1996	8:18	Adam Delton	64:11	10	2006	6:44
Kayla Hara	79:14	9	2005	8:19	Billy Cornelison	64:30	11	2000	6:46
Tiffany Heilbut	79:15	12	1997	8:20	AJ Skains	64:36	12	2009	6:47
Aimee Spray	79:41	12	2001	8:22	Jake Grout	65:49	10	2013	6:47
Breanna Smith	79:56	12	2005	8:24	David Richards	64:44	12	2009	6:48
Alex Andreotti	79:57	11	2005	8:24	Coach Beauchamp	64:49	1	2009	6:48
Christina Freeman	80:26	9	2003	8:27	Andrew Lovejoy	64:54	10	1993	6:49