**12 Steps to Set and Achieve Any Goal**

I’ve noticed that there are 12 keys to making sure that you achieve your goals.

1. Have a Burning Desire: What Do You Really Want?
2. Believe That Your Goal Is Attainable
3. Write Down Your Goals
4. Determine Your Starting Point
5. Figure Out Why You Want It
6. Set Yourself A Deadline To Achieve Your Goal
7. Identify the Obstacles In Your Way
8. Determine the Additional Knowledge and Skills You Need
9. Find Some People Who Can Help You (Coachs/Parents/Teammates?)
10. Make A Plan: Put All the Pieces Together
11. Visualize Your Goal: Not Only The End But The Steps In Between
12. Never Give Up