

San Luis Obispo to Avila Beach All-Time List
 1993-2009 9.51 miles, 2010-2011 9.75, 2012-Present 9.68

Name	Time	Grade	Year	Mile Ave	Name	Time	Grade	Year	Mile Ave
Corie Smith	57:30	12	2019	5:56	Luke Sanders	50:27	12	2024	5:12
Coach Bartosch	59:09		2024	6:06	CJ Albertson	52:30	12	2011	5:23
Sydney Sundgren	59:18	11	2021	6:07	Deaglan Givan	52:16	12	2024	5:23
Avery Hutchison	59:29	12	2024	6:08	Kenin Barnard	53:31	12	2010	5:29
Meagen Lowe	59:38	12	2018	6:09	Tom Pritsky	53:25	11	2014	5:31
Corie Smith	59:38	11	2018	6:09	Jansen Geyer	53:25	11	2024	5:31
Kynzlee Buckley	59:41	10	2023	6:09	CJ Albertson	53:58	11	2010	5:32
Hagen Reedy	60:34	11	2011	6:12	Brenton Maddox	53:54	12	2021	5:34
Caroline Mendyk	60:16	11	2021	6:13	Kyle Alcorn	52:58	12	2002	5:34
Lauren Saylor	59:23	11	2005	6:14	Jansen Geyer	53:35	10	2023	5:32
Corie Smith	60:32	10	2017	6:15	Ryan Kunkel	53:57	12	2023	5:34
Kynzlee Buckley	60:36	11	2024	6:15	Cody Brazeal	53:59	12	2012	5:34
Coach Bartosch	60:37		2021	6:15	Josh Orosco	54:40	12	2011	5:36
Lauren Saylor	59:47	12	2006	6:17	Michale Pritsky	54:33	11	2024	5:38
Meagen Lowe	60:58	11	2017	6:17	Brandon Geis	53:42	12	2005	5:38
Hagen Reedy	61:29	10	2010	6:18	Casey Burchill	53:45	12	2001	5:39
Taylor Torosian	61:22	10	2023	6:20	Luke Sanders	54:54	11	2023	5:40
Sydney Fox	61:25	12	2017	6:20	Kelly Brewer	55:01	12	2019	5:41
Hannah Beniot	61:33	12	2014	6:21	Kyle Alcorn	54:12	11	2001	5:41
Hannah Beniot	61:42	11	2013	6:22	Jacob Williams	55:15	12	2013	5:42
Meagen Lowe	61:43	10	2016	6:22	Brenton Maddox	55:16	10	2019	5:42
Elle Lomeli	62:11	10	2022	6:25	Max Jauregui	55:18	12	2024	5:42
Sierra Cornett	62:11	10	2022	6:25	Jonathan Sanchez	54:20	12	2008	5:42
Riley Burgess	62:11	12	2023	6:25	Adam Delton	54:28	12	2008	5:43
Kynzlee Buckley	62:22	9	2022	6:26	Noah Ray	55:36	12	2022	5:44
Maddy Nikkel	62:37	12	2013	6:28	Hayden Hansen	55:38	12	2017	5:44
Skylar Steenburg	62:39	11	2016	6:28	Jonathan Sanchez	54:43	10	2006	5:45
Caroline Mendyk	62:47	12	2022	6:29	Coach Lienau	54:44	1	2006	5:45
Coach Bartosch	63:19		2017	6:32	Fernando Cabada	54:45	12	1999	5:45
Brooklyn Buckley	63:35	9	2024	6:34	Jonathan Sanchez	54:48	11	2007	5:45
Katie Nili	63:48	11	2016	6:35	Heath Reedy	54:49	10	2007	5:45
Coach Bartosch	63:53		2022	6:35	Tom Pritsky	55:53	12	2015	5:46
Avery Hutchison	64:02	11	2023	6:36	Dylan Rea	55:53	10	2024	5:46
Elle Lomeli	64:03	12	2024	6:37	Hayden Hansen	56:07	11	2016	5:47
Lauren Saylor	63:05	10	2004	6:38	Trevor Voth	56:09	11	2013	5:48
Hagen Reedy	64:14	12	2012	6:38	RJ Estrada	56:10	12	2023	5:48
Coach Bartosch	64:27		2016	6:39	Michael Pritsky	56:11	10	2023	5:48
Grace Hutchison	64:37	11	2021	6:40	Danny Vartanian	55:12	12	2008	5:48
Taylor Gonzales	64:42	11	2015	6:41	Kelly Brewer	56:12	11	2018	5:48
Rachel Culver	64:43	12	2019	6:41	Ryan Toto	56:13	12	2017	5:48
Macy Bricks	65:15	12	2010	6:41	Bo Olsen	56:15	11	2019	5:48
Miranda Kennedy	64:47	12	2014	6:41	Dustin Beauchamp	55:20	12	1999	5:49
Mackenzie Mora	65:04	11	2015	6:43	Stewart Fernandez	56:26	11	2015	5:49
Justice Hinjosa	65:05	12	2013	6:43	Stewart Fernandez	56:29	12	2016	5:50
Taylor Gonzales	65:07	12	2016	6:43	Jacob Williams	56:30	11	2012	5:50
Kaylee Elliott	65:12	10	2019	6:44	Deaglan Given	56:32	11	2023	5:50
Ellie Dimitrashchuk	65:12	12	2024	6:44	Hayden Hansen	56:44	10	2015	5:51
Elle Lomeli	65:21	11	2023	6:45	Zach Weaver	56:50	12	2022	5:52
Katie Neil	65:26	10	2015	6:45	Amani Rodriguez	56:51	11	2024	5:52
Morgan Hutchison	65:43	11	2019	6:47	Carter Duerksen	56:56	12	2012	5:52
Josie Frye	65:44	12	2014	6:47	Trevor Voth	56:56	12	2014	5:52
Jessica Laslovich	64:37	11	2002	6:47	Casey Burchill	55:58	11	2000	5:53
Mia Jauregui	65:47	12	2019	6:47	Josh Orosco	57:25	11	2010	5:53
Macy Bricks	64:38	11	2009	6:47	Stewart Fernandez	57:02	10	2014	5:53
Chelsea Janzen	64:39	12	2009	6:47	Chris Kolar	57:03	12	2015	5:53

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Name	Time	Grade	Year	Mile Ave	Name	Time	Grade	Year	Mile Ave
Molly Sundgren	65:51	9	2023	6:48	Aidan Ardekani	57:07	12	2023	5:54
Hagen Reedy	64:45	9	2009	6:48	Ryan Anderson	56:7	12	2000	5:54
Jessica Laslovich	64:51	12	2003	6:49	Adam Delton	56:12	11	2007	5:54
Avery Hutchison	66:12	10	2022	6:50	Kelly Brewer	57:22	10	2017	5:55
Rachel Culver	66:14	11	2018	6:50	Cameron Burford	56:22	12	2007	5:55
Josie Frye	66:27	11	2013	6:51	Max Jauregui	57:26	11	2023	5:56
Corie Smith	66:35	9	2016	6:52	Heath Reedy	56:26	11	2008	5:56
Clare Hernandez	66:39	11	2016	6:53	Ronnie Barrett	57:30	12	2019	5:56
Gaby Gutierrez	66:44	9	2024	6:53	Tom Pritsky	57:33	10	2013	5:56
Coach Bartosch	66:57		2019	6:54	CJ Albertson	56:35	9	2008	5:57
Sierra Cornett	67:01	11	2023	6:55	Marcus Jauregui	57:38	12	2021	5:57
Maddi Nikkel	67:31	10	2011	6:55	Taylor Farnsworth	56:39	10	2004	5:57
Justice Hinjosa	67:10	11	2012	6:56	Danny Vartanian	56:41	10	2006	5:57
Hannah Beniot	67:12	10	2012	6:56	Ryan Kunkel	57:46	11	2022	5:58
Kathrine Holm	67:16	12	2012	6:56	Cody Brazeal	58:12	10	2010	5:58
Taylor Gonzales	67:19	10	2014	6:57	Dimitri Kecskes	58:12	11	2010	5:58
Ellie Dimitrashchuk	67:29	11	2023	6:58	Brandon Geis	56:49	11	2004	5:58
Delila Wells	67:30	10	2024	6:58	Dylan Rea	57:52	9	2023	5:58
Miranda Kennedy	67:32	10	2012	6:58	Andrew Castello	57:53	11	2024	5:58
McKelle O'Brien	67:37	11	2024	6:59	Cameron Burford	56:54	11	2006	5:58
Sue Choi	66:27	10	2006	6:59	Cameron Morales	58:22	12	2011	5:59
Kelli Vanderburg	66:30	12	2000	6:59	Andrew Escobar	57:57	12	2022	5:59
Raaya Noorali	67:43	11	2024	6:59	Chris Kolar	58:00	11	2014	5:59
Ellie Nardella	67:44	11	2015	6:59	Carson Keller	57:05	11	2007	6:00
Lilly Olsen	67:56	10	2023	7:01	Noah Ray	58:20	11	2021	6:01
Katie Neil	68:02	9	2014	7:01	Danny Suvanto	57:19	10	2007	6:01
Mackenzie Mora	68:06	10	2014	7:02	Logan Fraser	58:23	12	2016	6:01
Clare Hernandez	68:07	10	2015	7:02	Luke Sanders	58:25	10	2022	6:02
Sue Choi	67:03	11	2007	7:03	Rico Rodriguez-Meji	58:25	9	2023	6:02
Chelsea Janzen	67:04	10	2007	7:03	Max Jauregui	58:27	10	2022	6:02
Rebecca Lee	68:16	12	2019	7:03	Kevin Barnard	57:29	11	2009	6:02
Kristen Kirby	67:15	12	2006	7:04	Bo Olsen	58:32	10	2018	6:02
Riley Burgess	68:37	10	2021	7:05	Jack Beauchamp	58:46	11	2023	6:04
Olivia Rea	68:39	9	2024	7:05	Eric Heely	57:50	12	1999	6:04
Amanda Dolberg	68:42	11	2018	7:05	Jack Beauchamp	58:53	12	2024	6:04
Noelle Jenzen	67:31	11	2005	7:05	Jacob Williams	59:19	10	2011	6:05
Danielle Layous	67:31	11	2005	7:05	Andrew Ray	59:04	10	2024	6:06
Vanesa Zuzuarregui	67:31	11	2005	7:05	James McCurley	58:11	12	2004	6:07
Mia Jauregui	68:45	11	2018	7:06	Robert Kirkman	59:14	12	2021	6:07
Sue Choi	67:40	9	2005	7:06	Billy Hurd	58:12	12	1996	6:07
Whitney Russell	67:40	9	2005	7:06	Marcel Bustos	58:14	11	2009	6:07
Myliagh Bricks	69:27	11	2011	7:07	Dustyn McKenney	59:18	12	2018	6:07
Kelsey Smith	67:48	11	2007	7:07	Carson Keller	58:20	12	2008	6:08
Stefania Sesock	69:03	12	2023	7:08	Ronnie Barrett	59:28	11	2018	6:08
Gianna Chiamonte	69:20	11	2019	7:09	Ryan Kunkel	59:29	10	2021	6:08
Rebecca Lee	69:26	11	2018	7:10	Daniel Lillibridge	58:28	11	2005	6:08
Jariah Lopez	69:26	11	2019	7:10	Max Martinez	58:31	11	2009	6:09
Macy Bricks	68:32	9	2007	7:12	Freddie Funston	58:32	12	2001	6:09
Kathrine Holm	70:16	11	2011	7:12	Matt Melton	58:41	10	2006	6:10
Alyssa DeStacio	69:48	11	2016	7:12	Carter Duerksen	60:19	11	2011	6:11
Chelsea Janzen	68:36	11	2008	7:12	Max Martinez	58:52	10	2008	6:11
Hailey Fernandez	69:50	12	2015	7:12	Kyle Cirricione	58:59	12	2000	6:12
Macy Bricks	68:37	10	2008	7:12	Derek Guthery	59:02	11	2008	6:12
Katie Nili	69:51	12	2017	7:12	Ryan Smithhart	59:04	10	1996	6:12
Alyssa DeStasio	69:55	12	2017	7:13	Freddie Funston	59:06	11	2000	6:12

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Name	Time	Grade	Year	Mile Ave	Name	Time	Grade	Year	Mile Ave
Coach Jauregui	69:00	6	2004	7:15	Daniel Sternweis	59:08	12	2008	6:13
Vanesa Zuzuarregui	69:02	10	2004	7:15	Logan Fraser	60:13	11	2015	6:13
Danielle Layous	69:02	10	2004	7:15	Derek Guthery	59:14	12	2009	6:13
Noelle Janzen	69:06	10	2004	7:15	Coach Beauchamp	60:22		2021	6:14
Eilli Nardella	70:24	10	2014	7:16	Dustin Bauer	59:19	12	2000	6:14
Cathryn Saylor	69:20	11	2007	7:17	Andrew Goff	60:25	12	2017	6:14
Zoe Weaver	70:38	10	2024	7:17	Jonathan Sanchez	59:23	9	2005	6:14
Cathryn Saylor	69:27	10	2006	7:18	B. J. Leonard	59:25	10	1996	6:14
Mary Hallissey	69:35	11	2004	7:19	Antonio Benitez	60:33	10	2022	6:15
Carloine Mendyk	70:51	9	2019	7:19	Isiah Tapia	60:34	12	2021	6:15
Macee Buckley	70:51	9	2019	7:19	Chris Kolar	60:36	10	2013	6:15
Grace Hutchison	70:51	9	2019	7:19	Danny Suvanto	59:34	11	2008	6:15
Kelsey Smith	69:37	10	2006	7:19	Carson Keller	59:35	10	2006	6:15
Kelsey Smith	69:40	12	2008	7:19	Taylor Mearns	59:37	12	2008	6:16
Maryn Wells	70:55	12	2021	7:19	Max Erl	60:41	11	2017	6:16
Sydney Sundgren	70:57	9	2019	7:19	Christian Navarrette	60:41	11	2019	6:16
Whitney Russell	69:44	11	2007	7:19	Taylor Mearns	59:42	11	2007	6:16
Mikayla Prael	70:59	12	2015	7:19	Mark Hales	59:44	12	2007	6:16
Prahbjot Kaur	71:03	12	2015	7:20	Mark Hales	59:47	11	2006	6:17
Hailey Fernandez	71:04	11	2014	7:20	Aidan Ardekani	60:52	11	2022	6:17
Megan Barnard	69:52	11	2006	7:20	Andrew Castello	60:54	10	2023	6:17
Riley Burgess	71:07	11	2022	7:20	Dimitri Kecskes	59:50	9	2007	6:17
Chelsea Janzen	69:53	9	2006	7:20	John Hales	59:50	12	2008	6:17
Gianna Chiaramonte	71:10	10	2018	7:21	Wyatt Edwards	60:55	11	2019	6:17
Emily Varney	71:15	11	2016	7:21	Mike Green	59:51	12	2004	6:17
Mikayla Prael	71:18	10	2013	7:21	Jacob Williams	61:27	9	2010	6:18
Lexis Kincade	71:22	11	2013	7:22	Coach Beauchamp	61:34		2010	6:18
Megan Barnard	70:09	12	2007	7:22	Cameron Morales	61:41	11	2010	6:19
Riley Nino	71:46	11	2024	7:24	Kevin Godfrey	60:10	12	2005	6:19
Julianne Jacques	72:19	12	2010	7:25	Andres Diaz	61:17	12	2023	6:19
Ellie Nardella	71:50	12	2016	7:25	James Kellogg	60:14	11	2006	6:20
Dana Schmalzel	72:22	12	2010	7:25	Taylor Mearns	60:15	10	2006	6:20
Elisha Mora	72:26	12	2010	7:25	Joaquine Fedrico	61:23	10	2024	6:20
Alliosn Yee	72:01	10	2019	7:26	Owen Holder	61:32	11	2024	6:21
Kori Smith	70:46	10	2007	7:26	Mackynzee Balcuas	62:00	12	2011	6:21
Sami Lynes	72:08	11	2016	7:27	Will Plesant	61:34	11	2014	6:21
Sydney Fox	72:12	10	2015	7:27	Heath Reedy	60:31	9	2006	6:21
Morgan Hutchison	72:15	10	2018	7:27	A. J. Skains	60:35	9	2006	6:22
Myliagh Bricks	72:53	10	2010	7:28	Anthony Sassano	61:42	12	2013	6:22
Valeria Delgado	71:16	11	2001	7:29	Fernando Cabada	60:44	10	1997	6:23
Jessica Laslovich	71:20	10	2001	7:30	Cameron Burford	60:49	10	2005	6:23
Mary Hallissey	71:20	10	2003	7:30	Noah Cooke	61:57	12	2022	6:23
Emily Varney	72:57	10	2015	7:32	RJ Estrada	61:58	11	2022	6:24
Olivia Martin	73:01	10	2023	7:32	Deaglan Givan	62:00	10	2022	6:24
Morgan James	73:05	11	2015	7:33	Matthew Castello	62:04	9	2022	6:24
Nora Norvell	71:49	10	2006	7:33	Billy Cornelison	61:00	12	2001	6:24
Kathrine Holm	73:39	10	2010	7:33	Tritan Burger	62:07	9	2024	6:25
Kaedy Powell	73:09	10	2023	7:33	Matt Polifka	61:04	12	2004	6:25
Karis Wilson	71:56	11	2001	7:33	Andres Diaz	62:10	11	2022	6:25
Kieran Devere	73:19	10	2013	7:34	Noah Cooke	62:15	11	2021	6:25
Noelle Janzen	72:03	12	2006	7:34	Josh Orosco	61:11	10	2009	6:26
Amanda Dolberg	73:35	10	2017	7:36	Ryan Anderson	61:12	11	1999	6:26
Cathryn Saylor	72:35	9	2005	7:37	Jack Beauchamp	62:19	10	2022	6:26
Kaedy Powell	74:9	11	2024	7:39	Taylor Gillis	61:16	11	2007	6:26
Lily Olsen	74:09	11	2024	7:39	Dustyn McKenney	62:24	11	2017	6:26

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Name	Time	Grade	Year	Mile Ave	Name	Time	Grade	Year	Mile Ave
Sue Choi	72:54	12	2008	7:39	Brandon Geis	61:20	10	2003	6:26
Kori Smith	72:56	11	2008	7:40	Tony Gonzales	62:35	10	2016	6:27
Brianna Nino	74:15	12	2012	7:40	Danny Suvanto	61:32	9	2006	6:28
Whitney Russell	73:00	12	2008	7:40	Danny Suvanto	61:32	12	2009	6:28
Katie Cruz	73:11	12	2007	7:41	Patrick Carner	61:33	10	2001	6:28
Korin Meyers	74:32	11	2021	7:41	Leo Baranda	61:34	12	2009	6:28
Kelsey Smith	73:19	9	2005	7:42	Matt Polifka	61:53	11	2003	6:30
Katie Cruz	73:27	11	2006	7:43	Josh Meyer	63:01	12	2013	6:30
Megan Westersund	73:29	11	2001	7:43	Dustin Bauer	61:58	11	1999	6:30
Justice Hinjosa	75:21	10	2011	7:43	Tim Claybaugh	61:58	11	1999	6:30
Karis Wilson	73:31	12	2002	7:43	Thor Swanson	63:10	12	2017	6:31
Kim Van Noort	73:35	12	1999	7:44	Marciel Bustos	62:04	10	2008	6:31
Maryn Wells	74:54	10	2019	7:44	Gavin Quon	63:12	10	2018	6:31
Brianna Nino	75:30	11	2011	7:44	Robert Kirkman	63:17	10	2019	6:32
Katie Cruz	73:54	10	2005	7:46	Kevin Barnard	62:12	10	2008	6:32
Sunny Arada	73:55	12	2001	7:46	Kurt Bascom	63:27	12	2023	6:33
Riley Nino	75:18	10	2023	7:46	Andrew Lovejoy	62:28	12	1995	6:34
Miranda Kennedy	75:56	9	2011	7:47	Sam Ryan	63:35	12	2012	6:34
Nora Norvell	74:06	9	2005	7:47	Andrew Lovejoy	62:33	11	1994	6:34
Natalie Garcia	74:13	12	2000	7:48	John Hales	62:33	11	2007	6:34
Valeria Delgado	74:15	10	2000	7:48	Jack Bowker	63:41	11	2016	6:34
Carrie Lovejoy	74:17	12	2000	7:48	Coach Beauchamp	64:11		2011	6:34
Rachel Bauer	74:18	12	1997	7:48	Billy Hurd	62:37	10	1994	6:35
Kristy Chaffee	74:18	12	1997	7:48	Dominic Cabada	62:40	11	2008	6:35
Rebecca Lee	75:53	10	2017	7:50	Ethan Juarez	63:50	11	2017	6:35
Mikayla Prael	75:56	11	2014	7:50	Sebastian McGehee-	63:50	11	2019	6:35
Mia Jauregui	75:56	10	2017	7:50	Aaron Goldstein	62:43	11	2001	6:35
Emily Norvell	74:39	11	2002	7:50	Evan Wright	62:54	12	2002	6:36
Amelia Soares	76:08	10	2023	7:51	Dustyn McKenney	64:04	10	2016	6:37
Victoria Nardella	76:12	9	2015	7:52	Matthew Melton	62:57	9	2005	6:37
Megan Barnard	74:55	10	2005	7:52	Coach Beauchamp	64:09		2017	6:37
Clare Hernandez	76:19	9	2014	7:53	Anthony Sassano	64:10	11	2012	6:37
Lexis Kincade	76:56	9	2011	7:53	Cameron Burford	63:05	9	2004	6:38
Josie Frye	76:57	9	2011	7:53	Dominic Prandini	64:14	11	2013	6:38
Sydney Fox	76:31	9	2014	7:54	Taylor Mearns	63:16	9	2005	6:39
McKelle O'Brien	76:31	10	2023	7:54	Luke Bascom	64:26	11	2024	6:39
Reesa Geyer	76:33	12	2023	7:54	Matt Battaion	64:34	12	2017	6:40
Emily Norvell	75:14	12	2003	7:54	Kevin Godfrey	63:28	11	2004	6:40
Ashley Frost	76:48	9	2012	7:56	Daniel Alarcon	64:42	11	2015	6:41
Dana Schmalzel	75:47	11	2009	7:58	Aaron Goldstein	63:36	12	2002	6:41
Julianne Jacquez	75:51	11	2009	7:58	Dominic Prandini	64:47	12	2014	6:41
Emma McHatten	75:52	12	2009	7:58	Billy Hurd	63:43	11	1995	6:42
Bella Aradondo	75:56	12	2009	7:59	Anthony Sassano	65:23	10	2011	6:42
Rachel Bauer	75:59	11	1996	7:59	Alejandro Buenrostr	65:23	12	2011	6:42
Tiffany Heilbut	75:59	11	1996	7:59	Isiah Tapia	65:06	10	2019	6:43
Jocelyn Keller	75:59	12	1996	7:59	Taylor Gillis	64:02	12	2008	6:44
Elisha Mora	76:00	11	2009	7:59	Trevor Voth	65:12	10	2012	6:44
Anna Hernandez	77:22	9	2014	7:59	Coach Beauchamp	65:12		2024	6:44
Kori Smith	76:03	9	2006	7:59	John Hales	64:04	10	2006	6:44
Ashley Rowland	77:37	10	2017	8:01	Adam Delton	64:11	10	2006	6:44
Lui Perez	76:19	12	2001	8:01	Miles Beal	65:22	10	2015	6:45
Emily Varney	77:52	9	2014	8:02	Brody Mendoza	65:24	10	2023	6:45
Amelia Soares	78:25	11	2024	8:06	Coach Beauchamp	65:27		2015	6:45
Corina Cabada	77:07	10	2005	8:06	Billy Cornelison	64:30	11	2000	6:46
Sunny Arada	77:13	11	2000	8:07	AJ Skains	64:36	12	2009	6:47

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Name	Time	Grade	Year	Mile Ave	Name	Time	Grade	Year	Mile Ave
Lokelani Lindsay	77:15	10	2007	8:07	Brenden Lowe	65:47	10	2016	6:47
Emma McHatten	77:16	9	2006	8:07	Jake Grout	65:49	10	2013	6:47
Emma McHatten	77:21	10	2007	8:08	David Richards	64:44	12	2009	6:48
Karis Wilson	77:47	10	2000	8:10	Chase Pafford	65:57	10	2016	6:48
Brittany Mearns	77:50	10	2008	8:11	Coach Beauchamp	64:49	1	2009	6:48
Brittany Mearns	78:02	9	2007	8:12	Andrew Lovejoy	64:54	10	1993	6:49
Victoria Nardella	79:29	10	2016	8:12	Roman Gonzalez	64:54	11	1993	6:49
Kori Smith	78:30	12	2009	8:15	Ryan McNeil	64:57	12	1995	6:49
Patti Saul	78:37	12	2001	8:16	Auggie Banuelos	66:11	10	2018	6:50
Tiffany Heilbut	78:53	10	1995	8:17	Logan Fraser	66:15	10	2014	6:50
Kristy Chaffee	78:56	11	1996	8:18	Michael Goertzen	65:11	12	2009	6:51
Victoria Nardella	80:23	11	2017	8:18	Ryan Smith	65:13	12	2008	6:51
Kayla Hara	79:14	9	2005	8:19	Michael Goertzen	65:16	11	2008	6:51
Tiffany Heilbut	79:15	12	1997	8:20	Coach Beauchamp	66:29		2013	6:52
Aimee Spray	79:41	12	2001	8:22	Noah Ray	66:29	9	2019	6:52
Breanna Smith	79:56	12	2005	8:24	Derek Guthery	65:22	9	2006	6:52
Alex Andreotti	79:57	11	2005	8:24	Ricardo Argueta	65:35	12	1995	6:53
Christina Freeman	80:26	9	2003	8:27	James Kellogg	65:46	10	2005	6:54
Sarah Mills	80:42	10	2002	8:29	Trevor Voth	67:27	9	2011	6:55
Pattie Saul	80:55	11	2000	8:30	Anthony Faulks	67:02	10	2016	6:55
Loui Perez	80:55	11	2000	8:30	Taylor Gillis	65:54	10	2006	6:55
Deanna Sweet	81:06	11	2002	8:31	Daniel Alarcon	67:17	10	2014	6:57
Meredith Heilbut	81:17	11	1999	8:32	Lemin Chan	67:22	11	2015	6:57
Leanne Mott	81:51	10	2003	8:36	Preston Reyes	67:24	10	2024	6:57
Rachel Bauer	81:54	10	1995	8:36	Tony Gonzales	67:25	9	2015	6:57
Danielle Nelson	82:13	10	2003	8:38	Dustin Beauchamp	66:15	11	1997	6:57
Patricia Saul	82:17	10	1999	8:39	Dominic Prandini	67:27	10	2012	6:58
Mary Davis	82:56	10	2001	8:43	Chase Pafford	67:27	12	2018	6:58
Heather Ryan	83:00	12	1995	8:43	Marc Haroutunian	67:36	10	2016	6:59
Maren Kunkel	85:16	10	2023	8:48	Ryan Smith	66:28	11	2007	6:59
Amanda Burchill	83:47	10	2001	8:48	Coach Beauchamp	67:40		2012	6:59
Arianna Decker	85:33	10	2017	8:50	Ricardo Argueta	66:33	11	1994	6:59
Aimee Spray	84:12	11	2000	8:51	Marcel Bustos	66:33	9	2007	6:59
Corrine Atkins	84:13	11	1995	8:51	Aaron Esquibel	68:18	12	2010	7:00
Jessica Laslovich	84:19	9	2000	8:51	Kurt Bascom	67:52	11	2022	7:00
Lilly Melgar	85:50	12	2014	8:52	Kevin Barnard	66:44	9	2007	7:01
Jaime Thompson	84:34	12	1997	8:53	Andres Cisneros	67:56	12	2015	7:01
Haley Zander	86:26	10	2015	8:55	Kyler Gunn	67:56	10	2022	7:01
Amanda Burchill	84:59	12	2003	8:56	Roman Gonzalez	66:52	12	1994	7:01
Sam Cherrington	85:09	11	2001	8:57	Kurk Bascome	68:12	10	2021	7:02
Alyssa DeStasio	86:45	10	2015	8:57	Chase Pafford	68:15	11	2017	7:03
Sam Cherrington	85:15	9	1999	8:57	RJ Estrada	68:24	10	2021	7:03
Aimee Spray	85:18	10	1999	8:58	Josh Duren	67:19	12	2005	7:04
Audrey Goral	85:26	11	2001	8:59	Andrew Goff	68:32	11	2016	7:04
Maddi Nickel	87:53	9	2010	9:00	Mark Hales	67:21	10	2005	7:04
Brianna Nino	87:53	10	2010	9:00	Jackson Shively	68:37	12	2021	7:05
Justice Hinjosa	87:53	9	2010	9:00	Ryan Sherman	69:02	10	2021	7:07
Brandee Urrutia	85:54	12	1997	9:01	Ryan Sherman	69:03	11	2022	7:08
Prabhjot Kaur	87:29	9	2012	9:02	Marcus Jauregui	69:10	10	2019	7:08
Ana Rusk-Ferreira	87:34	9	2015	9:02	Jay Ybarra	68:00	9	1999	7:09
Lisa Ford	87:02	11	1995	9:09	Christian Barrett	69:19	12	2015	7:09
Corrine Atkins	87:31	10	1994	9:12	Freddie Funston	68:06	10	1999	7:09
Jocelyn Keller	87:31	10	1994	9:12	Nick Brusenback	69:52	11	2011	7:09
Heather Ryan	87:31	11	1994	9:12	Daniel Rivera-Lopez	69:23	12	2016	7:10
Shelly Syvertsen	87:31	12	1994	9:12	Ethan Juarez	69:30	10	2016	7:10

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Name	Time	Grade	Year	Mile Ave	Name	Time	Grade	Year	Mile Ave
Tiffany Heilbut	87:31	9	1994	9:12	Evan Wright	68:25	11	2001	7:11
Carissa Camenson	89:57	10	2011	9:13	Coach Gonzalez	68:38	5	2001	7:13
Carissa Camenson	90:15	11	2012	9:19	Josh Cinq-Mars	68:45	11	1994	7:13
Audrey Goral	89:30	9	1999	9:24	Ethan Doyle	70:14	9	2015	7:15
Sunny Arada	89:30	10	1999	9:24	James McCurley	69:00	10	2002	7:15
Deanna Sweet	90:09	12	2003	9:28	Nathan Ewy	69:15	12	2008	7:16
Audrey Goral	90:28	10	2000	9:30	Alex Silva	70:30	10	2021	7:16
Katie Lockhart	90:55	12	2000	9:33	Garren Gunn	70:34	10	2024	7:17
Jennifer Robertson	91:26	12	1995	9:36	Anthony Sassano	71:12	9	2010	7:18
Monique Mitchell	92:32	12	1999	9:43	Andrew Goff	70:46	10	2015	7:18
Sabrina Huber	92:56	9	1995	9:46	Jeremy Douglas	69:33	11	1993	7:18
Cherene Douglas	93:20	9	1995	9:48	Chase Pafford	70:48	9	2015	7:18
Tana Gebyow	95:14	10	2024	9:50	Carson Keller	69:35	9	2005	7:19
Mikayla Prael	97:29	9	2012	10:04	John Green	69:40	10	2005	7:19
Michelle Rayford	97:05	12	1995	10:12	Walter Miller	69:47	12	1995	7:20
Kristy Chaffee	97:11	10	1995	10:13	John Green	69:51	9	2004	7:20
Christina Ferguson	98:04	11	1999	10:18	Jason Cinq-Mars	69:55	11	1994	7:21
Elisha Mora	100:34	10	2008	10:34	Jonah Villegas	71:13	11	2013	7:21
Julianne Jacquez	100:34	10	2008	10:34	Johnny Susoeff	71:22	12	2018	7:22
Amanda Laslovich	100:54	12	2000	10:36	Taylor Gillis	70:10	9	2005	7:22
Mary Davis	101:29	9	2000	10:40	Brian Rowe	70:19	10	1996	7:23
Emily Norvell	101:39	9	2000	10:41	Matt Battaion	71:37	10	2015	7:23
Megan Westersund	102:45	9	1999	10:48	Jace Baker	71:45	11	2019	7:24
Katie Hanks	103:06	10	1999	10:50	Dustyn McKenney	71:54	9	2015	7:25
Marisa Rodriquez	103:31	11	1999	10:53	Brian Rowe	70:47	10	1997	7:26
Amanda Laslovich	104:28	11	1999	10:59	Ryan Smith	70:55	10	2006	7:27
Dana Schmalzel	106:26	10	2008	11:11	Sam Clark	70:57	11	2009	7:27
					Ryan Smithhart	71:03	9	1995	7:28
					David Reynders	71:05	10	2001	7:28
					AJ Skains	71:18	8	2005	7:29
					Jeff Mills	71:21	10	1996	7:30
					Jeff Torres	71:21	9	1996	7:30
					Nathaniel Lachuk	71:27	12	2003	7:30
					Kevin Luke	71:37	12	1994	7:31
					Nathan Ewy	71:40	11	2007	7:32
					Josh Cinq-Mars	71:44	12	1995	7:32
					Dustin Kilpartick	71:47	10	2005	7:32
					Nathan Ewy	71:52	9	2005	7:33
					James Kellogg	71:58	9	2004	7:34
					Jake Grout	73:39	9	2012	7:36
					Danny Vartanian	72:22	9	2005	7:36
					Fernando Caboda	72:24	9	1996	7:36
					David Richards	72:39	11	2008	7:38
					Tim McShay	74:03	12	2012	7:38
					Will Pleasant	74:07	9	2012	7:39
					Andre Bautista	72:49	10	2006	7:39
					Chris Kolar	74:14	9	2012	7:40
					Ramon Gomez	73:15	12	1996	7:42
					Tim McShay	75:09	11	2011	7:42
					Patrick Lingigan	75:15	12	2011	7:43
					Estevan Medina	73:25	12	2003	7:43
					Lancer Vang	74:44	12	2022	7:43
					Ryan Chaussee	73:26	12	2003	7:43
					Jackson Shively	74:45	10	2019	7:43
					Leo Baronda	73:32	11	2008	7:43

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Name	Time	Grade	Year	Mile Ave	Name	Time	Grade	Year	Mile Ave
					Brandon Hurtado	73:35	11	1999	7:44
					Ryan Smith	73:42	9	2005	7:44
					Zack Hansen	73:47	9	2008	7:45
					Kevin Luke	73:48	11	1993	7:45
					Travis Keller	73:48	11	1993	7:45
					Kevin Godfrey	73:53	10	2003	7:46
					Zach Difuria	75:21	10	2013	7:47
					Adam Perry	74:06	11	1997	7:47
					Justin Dunworth	74:18	12	1995	7:48
					Michael Cruz	74:28	11	2006	7:49
					James McCurley	74:33	11	2003	7:50
					Lancer Vang	76:22	11	2021	7:53
					Aaron Woody	76:22		2021	7:53
					Ricardo Argueta	75:18	10	1993	7:55
					Jeff Bogdanof	75:25	11	2001	7:55
					James Hunter	75:46	9	2009	7:58
					Keith Wernsing	75:59	10	1996	7:59
					David Richards	76:00	9	2006	7:59
					Matt Polifka	76:01	9	2001	7:59
					David Richards	76:07	10	2007	8:00
					Javier Melendez	76:29	11	1996	8:02
					Brentan Malan	76:50	11	2007	8:04
					Brentan Malan	76:55	10	2006	8:05
					Ryan McNeil	76:56	11	1994	8:05
					Kyle Clapp	78:25	10	2024	8:06
					Jarrold Khamvilaytho	78:38	12	2019	8:07
					Walter Miller	77:21	10	1993	8:08
					John Hales	77:21	9	2005	8:08
					Josh Cinq-Mars	77:26	10	1993	8:08
					Benson Gage	77:31	12	2007	8:09
					Chris Butler	77:46	12	1995	8:10
					Kevin Voth	79:25	9	2014	8:12
					Justin Dunworth	78:05	11	1994	8:12
					Miles Beal	79:30	11	2016	8:12
					Miles Beal	79:35	9	2014	8:13
					Gabe Bustos	79:47	11	2019	8:14
					Randy Price	78:47	9	2003	8:17
					Justin Gullihur	78:48	9	1996	8:17
					Sky Matsushashi	79:02	11	1994	8:18
					Shawn Arnett	79:05	12	1999	8:18
					Jason Cinq-Mars	79:06	10	1993	8:19
					Dustin Beauchamp	79:09	9	1996	8:19
					Andy Perry	79:15	10	1997	8:20
					Nathan Lachuk	79:35	10	2001	8:22
					Michael Cruz	79:50	10	2005	8:23
					Jonah Villegas	81:29	10	2012	8:25
					Justin Gullihur	80:10	10	1997	8:25
					Keith Wernsing	80:10	11	1997	8:25
					Jason Cinq-Mars	80:23	12	1995	8:27
					Tim Bogdanof	80:24	11	1996	8:27
					Morgan Luke	80:30	10	1996	8:27
					Christian Barrett	82:03	11	2014	8:28
					Matthew Prah	82:26	9	2014	8:30
					Jeff Bogdanof	81:12	10	2000	8:32
					Kyle Kuntner	81:59	12	2000	8:37

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Name	Time	Grade	Year	Mile Ave	Name	Time	Grade	Year	Mile Ave
					Daniel Torres	82:34	9	2000	8:40
					Nathan Lachuk	82:35	9	2000	8:41
					James McCurley	82:50	9	2001	8:42
					Miles Beal	85:47	12	2017	8:51
					Justin Dunworth	84:23	10	1993	8:52
					Zach Difuria	90:15	12	2015	9:19
					Jesse Rorabaugh	90:12	11	1999	9:29
					Zach Difuria	93:19	10	2014	9:38
					Andres Diaz	93:55	10	2021	9:42
					Ian Silva	93:55	10	2021	9:42
					Russell Kuczler	92:39	11	1995	9:44
					Tim Bogdanof	93:01	10	1995	9:46
					Dustin Bauer	94:12	9	1997	9:54
					Namid Lozado	99:11	12	2014	10:14
					Nathaniel Lachuk	112:37	11	2002	11:50
					Brandon Geis	114:00	9	2002	11:59
					Ryan Chaussee	119:58	11	2002	12:36
					Matt Polifka	128:01	10	2002	13:27
					Kevin Godfrey	128:24	9	2002	13:30